



# Monte

CLINIC



# WELCOME TO

# Monte

CLINIC

Located in the heart of London's Covent Garden, Monte Clinic is your premier destination for advanced skincare solutions. We combine cutting-edge technology with proven skincare methods, using state-of-the-art devices and expert knowledge to deliver outstanding results. Whether you are looking for a deep skin rejuvenation, laser treatments, or preventative skincare, our clinic offers a comprehensive selection of treatments to help you achieve your skin goals. Book your introductory skin assessment with one of our skilled practitioners and discover the best treatments tailored to your skin's needs.

At Monte Clinic, we deeply understand that acne can have a profound impact—not just on the skin, but on self-esteem, mental health, and overall confidence. Because we care, we offer a special initiative: once a month, we provide free treatments for teenagers battling acne. If you or someone you know could benefit from this, please reach out to us—we are here to help.





# M

## EET THE TEAM



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DOCTOR, SKIN EXPERT

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CO-OWNER, SKIN  
EXPERT

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[www.monteclinic.co.uk](http://www.monteclinic.co.uk)



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# VISIA SKIN ANALYSIS

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## ADVANTAGES:

- FREE when purchasing a skin treatment program
- Comprehensive skin assessment
- Personalized treatment plan
- Informed skincare decisions
- Early detection of skin issues
- Objective and measurable results



## CONSULTATION WITH VISIA GEN 7 SKIN ANALYSIS £50

At Monte Clinic, every treatment starts with a comprehensive skin consultation—because the key to achieving the best results lies in truly understanding your skin.

Using the Visia Gen 7, the latest in advanced facial imaging technology, we go beyond the surface to analyze wrinkles, texture, pores, UV damage, pigmentation, and vascular conditions. This cutting-edge system, developed by Canfield Scientific, utilizes multi-spectral imaging and artificial intelligence to deliver precise insights into your skin's health.

With this in-depth analysis, we can tailor your treatments with accuracy and confidence, ensuring the best possible results for your unique skin concerns.

Your skin is unique—your treatment should be too. Start your journey with us today.





# FACIAL CLEANSING

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### HYDRAFACIAL/DERMACLEAR CLASSIC

For clients with normal to combined skin- moderate blackheads and whiteheads (excluding active acne).  
Peels included. Treatment time: 60 min

### HYDRAFACIAL/ DERMACLEAR PLATINUM

For clients that require a deep exfoliation & extraction- oily & congested skin, post acne pigmentation, large pores & thick skin. Deep peels included. Treatment time: 80 min

### MEDICAL DEEP PORE CLEANSING

For clients dealing stubborn or deeply embedded impurities, also persistent blackheads, whiteheads or other forms of congestion that may benefit from a more intensive cleansing approach. Deep peels included. Treatment time: 90 min

	X 1	X 6	X 12
CLASSIC	£170	£714	£1,188
PLATINUM	£250	-	-
MEDICAL PORE CLEANSING	£130	-	-



- Discontinue active ingredients
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No exercise for 24 hours
- No active ingredients
- No sauna or steam for 24h

### METHODS OF DEEP PORE CLEANSING

At Monte Clinic, we recognize that each individual's skin is unique, requiring personalized care to achieve optimal results. Our approach to facial cleansing is tailored to address your specific skin concerns and goals, ensuring a customized experience that enhances your skin's health and appearance.

Our pore cleansing treatments effectively target stubborn impurities and comedones deep within the pores, providing a thorough cleanse for clearer skin. We customize our protocols based on each individual's skin condition to ensure the best results. A combo of treatments can be performed in the same session achieve optimal results in short time.



For best results, we recommend incorporate it in a treatment protocol of minimum 6 sessions





# CHEMICAL PEELS



### BIOREPEELCL3

BioRePeelCL3 visibly minimizes the pores, instantly lightens and lifts the skin, also it has a brightening complexity.

Treatment time: 30 min

PRICE: £150

### IS CLINICAL FIRE & ICE

The A-List celebrity favourite botanical resurfacing treatment for instant glowing and lifting effect. Treatment time: 30 min

PRICE: £150

### BIO/ PHYTO PEELING

A green peel - herb particles massaged into the skin provide it with a steady, time-released stream of phytochemicals over a period of up to 3 days. This is a deep peel. Treatment time: 60 min

PRICE: £200

### RETINOL PEEL

Triggers cell regeneration and reconstructs the dermis. Strengthens the synthesis of collagen and elastin, reducing the depth of wrinkles. Treatment time: 30 min

PRICE: £200

### THE PERFECT PEEL

An advanced chemical peel designed to improve skin texture, tone, and overall radiance. It combines a powerful blend of acids, antioxidants, and skin-brightening agents to target fine lines, pigmentation, and acne scars while promoting collagen production.

Treatment time: 60 min

PRICE: £250

### TYPES OF PEELS:

Chemical peels are non-invasive skin care treatments that use various chemical solutions to exfoliate and rejuvenate the skin. Removing damaged outer layers can improve skin texture, reduce fine lines, even out pigmentation, and treat issues like acne and scarring. Chemical peels have different strengths, from mild to deep, and are customized to address individual skin concerns. Chemical peels can be tailored to different depths and formulations, making them a versatile option for addressing a range of skin concerns, including fine lines, wrinkles, acne, scars, hyperpigmentation, and uneven skin tone.



For best results, we recommend incorporate it in a treatment protocol of minimum 6 sessions



- Discontinue active ingredients pre or post treatment
- No exercise for 24 hours
- No sauna or steam for 96 hours
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No active ingredients or perfumed products for 48-72 hours



# MICRONEEDLING DERMAPEN WORLD 4

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## WHAT IS MICRONEEDLING ?

- Microneedling is a cosmetic procedure that uses small, sterilized needles to prick the skin.
- This treatment aims to generate new collagen and skin tissue to smooth, firm, and tone skin.
- Microneedling is mostly used on the face and may reduce the appearance of acne, scars, dark spots, wrinkles, and large pores.





## SKIN SOLUTIONS:



**Ageing / Sun Damaged  
Skin**

4 sessions 6 weeks apart



**Hair Loss**

4-6 sessions 4 weeks apart



**Fine Lines & Wrinkles**

4 sessions 6 weeks apart



**Enlarged Pores**

4 sessions 5 weeks apart



**Pigmentation**

3-6 sessions 2-4 weeks apart



**Scarring**

4-5 sessions 6 weeks apart

## HOW MICRONEEDLING WORKS?

Microneedling is a sought-after skin renewal procedure that visibly improves many concerns. Micro-fine needles are adjusted to different depths and speeds to create fractional puncture channels on the skin's surface. Unlike injectable treatments, microneedling is an entirely natural process that stimulates the body's own repair and renewal function to create collagen and elastin.



For best results, we recommend incorporate it in a treatment protocol of minimum 4-6 sessions

	X 1	X 4	X 6
FACE	£250	£800	£1,080
HAIR LOSS	£250	£800	£1,080
FACE + NECK	£280	£920	£1200

\*other areas- prices upon consultation



# HARMONY XL PRO LASER

The Harmony XL Pro™ is an award-winning powerful and versatile treatment solution for a wide range of aesthetic needs. Manufactured by Alma Lasers, one of the global leaders in aesthetic (particularly laser) technology, it can be used to target over 65 FDA-cleared indications and provide safe, effective and noticeable results.

It combines light, lasers and a host of other technology to address everything from wrinkles, fine lines, acne vulgaris, vascular lesions and pigmentation, all the way through to psoriasis.





	X 1	X 4	X 6
FULL FACE	£250	£800	£1,080
FULL FACE & NECK	£300	£1000	£1260
FULL FACE, NECK & DECOLLETAGE	£350	£1200	£1860



- No exercise for 48 hours
- No sauna or steam for 24h
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No active ingredients or perfumed products for 48-72 hours
- No downtime

ClearLift™ improves skin tone, elasticity, texture and pigmentation.

The award-winning ClearLift™ technology is a highly effective skin rejuvenation treatment. Considered a ‘lunchtime procedure’ due to its quick and easy “In-and-out” approach, ClearLift™ is painless, requires no downtime, and is completely safe for all skin types. Using ClearLift™ 4D, the most powerful Q-Switched Nd:Yag laser technology, allows us to control the exact depth of the treatment which in turn helps to customise and create a bespoke plan to address concerns. This means much more precise treatments and unprecedented results. ClearLift is safe for all skin types and it can safely treat Melasma as it doesn’t generate heat in the skin but uses acoustic “sound” waves to shatter the pigment, helping to create a more even complexion.



For best results, we recommend a minimum of 6 treatments spaced 2-3 weeks apart.



ClearSkin Pro™ Treats acne, acne scars, skin tightening and rejuvenation.

This award winning FDA approved laser offers outstanding proven results for acne, acne scarring and skin rejuvenation through powerful energy emission using a non ablative Er:Glass 1540nm fractional laser. It is the first technology to combine a non-ablative laser with simultaneous contact cooling and vacuum technology to treat acne vulgaris safely by penetrating the skin and destroying the acne bacteria, controlling oil production and reducing inflammation. At the same time, it deeply penetrates the skin causing thermal damage, triggering a healing response which promotes synthesis of new skin tissue and visibly younger looking skin. This is a quick and comfortable treatment without the need for any anaesthesia. It can be done as a lunchtime procedure without any real downtime.



For best results, we recommend a minimum of 6 treatments spaced 2-3 weeks apart.

	X 1	X 4	X 6
FULL FACE	£250	£800	£1,080
FULL FACE & NECK	£300	£1000	£1260
BODY	POA	POA	POA



- No exercise for 48 hours
- No sauna or steam for 24h
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No active ingredients or perfumed products for 48-72 hours
- No downtime



	X 1	X 4	X 6
FULL FACE	£250	£800	£1,080
FULL FACE & NECK	£300	£900	£1260
DECOLLETAGE	£300	£900	£1260
FULL FACE, NECK & DECOLLETAGE	£400	£1,400	£1800



- No exercise for 48 hours
- No sauna or steam for 24h
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No active ingredients or perfumed products for 48-72 hours
- No downtime

DYE-VL™ treats thread veins, rosacea, facial redness, flushing and pigmentation.

Thread veins, sometimes also called spider veins, are tiny veins just underneath the surface of the skin that have become dilated, which means that they are reddish, blue or purplish in appearance. They can appear on the face and body. DYE-VL™ uses a Nd:YAG laser to target the affected blood vessels beneath the skin, leaving you with smooth, clear skin and renewed confidence. It is also very effective at managing rosacea, facial redness/flushing and can also reduce the appearance of red scars, cherry angiomas, port wine stains, spider naevi, birth marks and venous lakes. For best results, we recommend a course of 4-6 treatments spaced 3 weeks apart for treatment on the face and 6 weeks apart for treatment on the body.



For best results, we recommend a minimum of 6 treatments spaced 2-3 weeks apart.



## Tattoo Removal

We use two different lasers to safely breakdown and remove unwanted tattoo ink, and semi-permanent makeup, of all colours. Our Q-Switched Nd:YAG Laser is an advanced laser used to selectively target black, blue, grey and green tattoos, without damaging the surrounding tissue. We also have a 532nm wavelength laser which is most effective for use on red & warm tone colours including violet, orange, yellow and brown. Both lasers are safe for all skin types and have minimal downtime.



For best results, we recommend a minimum of 6-8 treatments spaced 6-10 weeks apart.

	X 1	X 4	X 6	X 8
up to 3 cm size	£80	£290	£400	£500
4-6 cm size	£120	£435	£600	£750
EYEBROWS	£150	£540	£750	£900
7-9 cm size	£175	£635	£875	£1300
10-12 cm size	£250	£910	£1250	£1750
<13CM upon consultation	Consult	Consult	Consult	Consult



- No exercise for 48 hours
- No sauna or steam for 7 days
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No active ingredients or retinoid products for 2 weeks.
- 2-4 weeks of healing.



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# ALMA HYBRID CO2 LASER

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Alma Hybrid™ is the first and only device of its kind to bring together 3 powerful energies, in a unique combination that delivers unparalleled results, with significantly reduced downtime.

Offering limitless options and ultimate control going far beyond standard fractional laser, Alma Hybrid™ enables you to determine every aspect of the treatment - for a completely new, never-before-seen concept in skin rejuvenation and scar treatment.



CO2 laser - the optimal blend of ablative, coagulative and thermal effect for efficient, highly-precise focus or fractional laser treatments.

1570

1570nm laser - a powerful non-ablative laser which creates a thermal effect that promotes new dermis synthesis, while leaving the epidermis intact.

IMPACT

iIMPACT for Trans Epidermal Delivery (TED) - our patented Ultrasound technology creates an acoustic pressure which enhances the Trans Epidermal Delivery of cosmetic products into the skin through the micro-channels created by the CO2 laser.





# HYBRID LIFT

## SUPER RENEWAL TREATMENT

Hybrid Lift is an advanced skin rejuvenation treatment. It combines three energy sources—ablative CO<sub>2</sub> laser, non-ablative 1570nm laser, and thermal impact technology—to target multiple skin concerns simultaneously.

- enhances collagen production
- improves skin texture
- reduces wrinkles
- treats scars with minimal downtime

## WHERE ON THE BODY THE HYBRID LIFT CAN BE PERFORMED?

- Face – for overall skin rejuvenation, wrinkle reduction, and improved texture
- Neck – to tighten and smooth sagging skin
- Décolleté (chest area) – to reduce fine lines, sun damage, and uneven skin tone
- Hands – to restore a youthful appearance and improve skin quality
- Scars (including acne scars and surgical scars) – anywhere on the body to improve texture and appearance



- No exercise for 48 hours
- No sauna or steam for 7 days
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No active ingredients or retinoid products for 2 weeks.
- 2-4 weeks of healing.

	X 1	X 2	X 3
SMALL AREA 5CM X 5CM	£450	£700	£900
EYES OR LIPS AREA	£600	£800	£900
HALF FACE	£900	£1400	£1800
FULL FACE	£1200	£1800	£2250
BODY	POA	POA	POA



For best results, we recommend a minimum 3 treatments spaced 6-8 weeks apart.



	X 1	X 2	X 3
SMALL AREA 5CM X 5CM	£450	£700	£900
EYES OR LIPS AREA	£600	£800	£900
HALF FACE	£900	£1400	£1800
FULL FACE	£1200	£1800	£2250
BODY	POA	POA	POA



For best results, we recommend a minimum  
3 treatments spaced 6-8 weeks apart.

# HYBRID OSCAR

## SCARS TREATMENT

OScar is the ultimate treatment for the remediation of all types of scar, from acne to trauma to surgical scarring. The success of scar treatment depends on the penetration of the lasers into the dermis layer.

- Resurfaces skin
- Stimulates collagen
- Customizable treatment
- Minimal downtime
- Safe for all skin tones

## WHERE ON THE BODY THE HYBRID OSCAR CAN BE PERFORMED?

- Face – Acne scars, surgical scars, and other facial imperfections.
- Neck & Décolletage – Treats scarring and improves skin texture.
- Chest & Back – Common for acne scars and trauma scars.
- Arms & Legs – Effective for surgical scars and injuries.
- Abdomen – Can improve the appearance of surgical scars and stretch marks.



- No exercise for 48 hours
- No sauna or steam for 7 days
- No sun, fake tan, UV light for 2 weeks pre or post treatment
- No active ingredients or retinoid products for 2 weeks.
- 2-4 weeks of healing.



# SOFT LIFT

## ‘LUNCH-TIME’ REJUVENATION

SoftLift is a non-invasive laser treatment that combines collagen stimulation and deep dermal tightening to improve skin texture, elasticity, and overall appearance with minimal downtime.

- Improves skin firmness and elasticity
- Reduces fine lines and wrinkles
- Enhances skin texture and glow
- Stimulates natural collagen production
- Minimal discomfort and downtime

## WHERE ON THE BODY THE HYBRID OSCAR CAN BE PERFORMED?

- Face – reduces fine lines, improves skin texture, and enhances radiance for a youthful glow.
- Neck – tightens loose skin and improves elasticity, reducing sagging and wrinkles.
- Décolletage (Chest) – smooths uneven skin tone, reduces sun damage, and firms delicate skin.
- Hands – rejuvenates thin, crepey skin by increasing collagen for a plumper, more youthful look.



- No exercise for 48 hours
- No sauna or steam for 7 days
- 2-4 weeks of healing.

- No active ingredients or retinoid products for 2 weeks.
- No sun, fake tan, UV light for 2 weeks pre or post treatment

	X 1	X 2	X 3
EYES & LIPS AREA	£250	£400	£450
FULL FACE	£600	£800	£1050
FULL FACE + NECK	£750	£1000	£1200



For best results, we recommend a minimum 3 treatments spaced 6-8 weeks apart.



# COSMELAN DEPIGMENTING PROGRAM

## Cosmelan® Depigmentation Peel

This treatment is the gold standard for treating stubborn pigmentation, including melasma. It has taken the world by storm and is suitable for all skin tones. This premier depigmentation method acts with an intensive corrective effect, regulating melanin overproduction in melanocytes. Its dual action, both corrective and controlling, ensures short and long-term results, eliminating existing hyperpigmentation, preventing reappearance, and stopping the emergence of new dark spots.

The Cosmelan method is a unique combination of active ingredients of proven efficacy to enhance the brightness of the skin and to unify the tone. This treatment can work on the following skin concerns: Melasma, post inflammatory hyperpigmentation, solar lentigos and freckles.

More than 1 million people around the world have already tried it.





# COSMELAN

## DEPIGMENTING PROGRAM

### IN THE CLINIC

There are 4 sessions in the clinic during the cosmelan peel treatment.

1st visit is a thorough consultation with your aesthetician. The second visit is the prep peel executed 48h prior to the professional depigmentation procedure.

The 3rd visit is the one when cosmelan 1 the mask with intensive depigmenting action is applied for 6-8 hours (depending on the skin type). The 4th visit is a check up visit when your aesthetician is checking the progress of the treatment.

### AT HOME

The treatment continues at home. Under the aesthetic professional's indications and recommendations, the patient must adhere to a regimen for the application of the cosmeceuticals complementary to the method, which will vary according to the phase and progress of the treatment. The depigmentation process continues and we work on the source of the problem for a lasting result.



- Redness, mild swelling, peeling and dryness for 7-10 days.
- Skin may be dry/flaky and pink for up to 4 weeks.
- No direct sun exposure to 2 weeks after and SPF to be worn at all times.
- No other products to be used for treatment duration.

## 3 MONTH PROTOCOL

£1200

A 2 WEEK PREPARATION KIT

MELANOSTOP TRNS X3 SKIN PREPARATION PEEL

THE MEDICAL DEPIGMENTATION IN CLINIC

THE ADVANCE DEPIGMENTING HOME CARE KIT- 3 MONTHS

FULL CLIENT SUPPORT DURING THE WHOLE PROGRAM



Optimum results are seen after an minimum of 180 days of being on the Cosmelan Protocol



# SOPRANO TITANIUM LASER HAIR REMOVAL

A breakthrough hair removal platform that combines ultimate functionality with unparalleled comfort. Thanks to its large 4 cm spot size and advanced cooling system, treatments are now much faster and virtually pain free!

Soprano Titanium leverages the benefits of three combined wavelengths, with an improved patient experience creating a unique and result driven new solution in the world of permanent hair reduction.

## WHAT MAKES SOPRANO TITANIUM DIFFERENT?



This exclusive applicator is a valuable asset for any clinic. With its large 4 cm spot size, and integration of three wavelengths, it facilitates increased treatment coverage to significantly reduce treatment time and make the process easier and more safe for patients.



This applicator enables the delivery of three highly effective wavelengths in one. Covering a spot size of 2cm<sup>2</sup>, it simultaneously targets different tissue depths and anatomical structures within the hair follicle, increasing treatment efficiency.



ICE Plus is an advanced technology that continuously cools skin and facilitates range-controlled temperature throughout the entire treatment. The ICE Plus cold sapphire tip minimizes epidermal risks while maintaining heat within the dermis where hair follicles are treated.





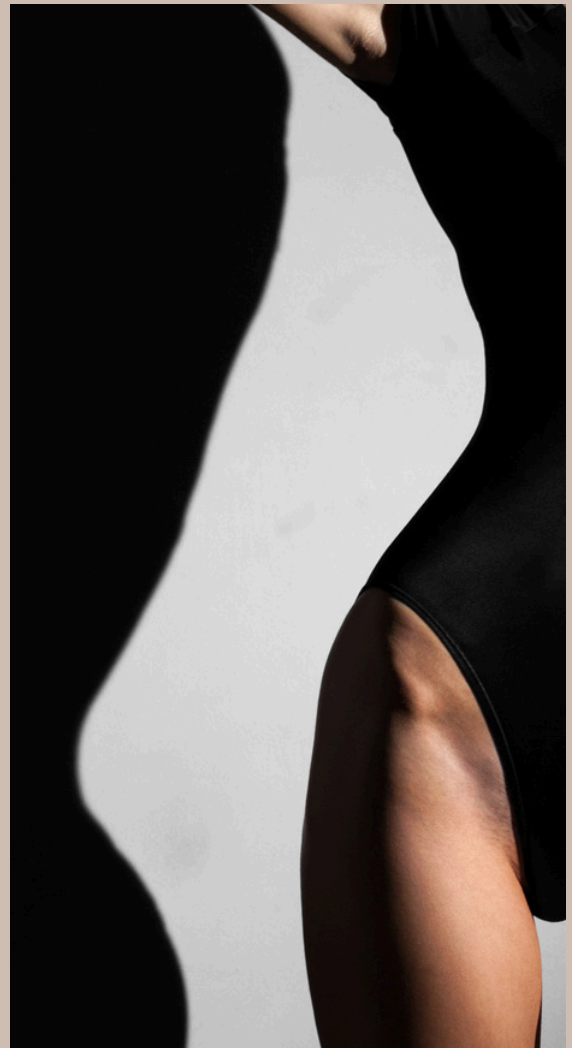
FACE	AREAS	SINGLE SESSION WOMEN   MEN	PACK OF 8 WOMEN   MEN	PACK OF 12 WOMEN   MEN
	CHIN OR UPER LIP OR EYEBROWS	£70   £80	£336   £384 £42/sess   £48/sess	£420   £480 £35/sess   £40/sess
	SIDEBURNS OR HAIRLINE	£80   £90	£384   £400 £48/sess   £50/sess	£480   ££540 £40/sess   £45/sess
	FULL FACE	£150   £170	£720   £800 £90/sess   £100/sess	£ 900  £960 £75/sess   £80/sess
	NECK OR BEARD	£120	£576 £72/sess	£720 £60/sess
UPPER BODY	UNDERARMS	£80   £100	£384   £480 £48/sess   £60/sess	£480   £600 £40/sess   £50/sess
	1/2 ARMS	£150   £170	£720   £800 £90/sess   £100/sess	£900   £960 £75/sess   £80/sess
	FULL ARMS	£200   £220	£760   £960 £95/sess   £120/sess	£960   £1200 £80/sess   £100/sess
	SHOULDER	£ 170	£720 £90/sess	£900 £75/sess
	ABDOMEN	£150   £170	£600  £680 £75/sess   £85/sess	£720   £900 £60/sess   £75/sess
LOWER BODY	CHEST + ABDOMEN	£200   £250	£800   £960 £100 sess   £120/sess	£960   £1200 £80/sess   £100/sess
	HALF BACK	£150   £200	£680  £800 £85/sess   £100/sess	£720   £900 £60/sess   £75/sess
	FULL BACK	£200   £250	£800  £960 £100/sess   £120/sess	£960  £1200 £80/sess   £100/sess
	1/2 LEGS	£180   £200	£720  £800 £90/sess   £100/sess	£900  £1020 £75/sess   £85/sess
	FULL LEGS	£250	£1120  £1200 £140/sess   £150/sess	£1200   £1560 £100/sess   £130/sess
	BUTTOCKS/ HOLLYWOOD BIKINI	£150	£560 £70/sess	£720 £60/sess
	BIKINI LINE	£80	£384 £48/sess	£480 £40/sess
	EXTENDED BIKINI	£110	£480 £60/sess	£600 £50/sess



# MOST WANTED PACKAGES- WOMEN

PACK OF	8 SESS	12 SESSs
<ul style="list-style-type: none"> <li>Hollywood bikini</li> <li>underarms</li> </ul>	<b>£944</b> <i>£118/sess</i>	<b>£1,080</b> <i>£90/sess</i>
<ul style="list-style-type: none"> <li>Hollywood bikini</li> <li>full legs</li> </ul>	<b>£1,120</b> <i>£140/sess</i>	<b>£1,320</b> <i>£110/sess</i>
<ul style="list-style-type: none"> <li>Hollywood bikini</li> <li>underarms</li> <li>half legs</li> </ul>	<b>£1,280</b> <i>£160/sess</i>	<b>£1,560</b> <i>£130/sess</i>
<ul style="list-style-type: none"> <li>Hollywood bikini</li> <li>underarms</li> <li>full legs</li> </ul>	<b>£1,600</b> <i>£200/sess</i>	<b>£2,040</b> <i>£170/sess</i>
<ul style="list-style-type: none"> <li>Hollywood bikini</li> <li>underarms</li> <li>full legs</li> <li>full arms</li> </ul>	<b>£1,880</b> <i>£235/sess</i>	<b>£2,280</b> <i>£190/sess</i>

\*For other packages that are not on the list, please contact us or speak to one of our specialists to create one for you!







SCIENCE-BACKED PRODUCTS

# SKINCEUTICALS

ADVANCED SKINCARE BACKED BY SCIENCE

SkinCeuticals is a high-end skincare brand known for its science-backed formulas, particularly in anti-aging and skin protection. Their products often feature antioxidants like Vitamin C, Vitamin E, and ferulic acid, which help combat free radicals and environmental damage.

10% off on IS Clinical products in clinic!

\*on minimum of £200 spent







New Products



iS CLINICAL

iS Clinical is a professional-grade skincare brand under Innovative Skincare, known for its science-backed formulations. The brand focuses on medical-grade ingredients, including vitamin C, hyaluronic acid, retinol, and botanical extracts, to address concerns like aging, acne, and hyperpigmentation.

10% off on iS Clinical  
products in clinic!

\*on minimum of £200 spent





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